FY 2025

Hachioji City Medical Screening Guide

To receive following cancer screenings, contact a designated medical facility directly to schedule your appointment.

Gastric Cancer Endoscopic Screening	Eligible persons Details	Residents aged 50 years or older (born on or before March 31, 1976) (Every 2 years) Interview and upper endoscopy (gastroendoscopy)	Copayment	3,080 yen (Actual cost~ 20,000 yen)	
Lung Cancer Screening (Tuberculosis screening)	Eligible persons Details	Residents aged 40 years or older (born on or before March 31, 1986) Interview and chest x-ray (All X-ray data will be reviewed by two doctors.) *A sputum test may be ordered by a doctor.	Copayment	1,100 yen	
Colorectal Cancer Screening	persons cer Interview and fecal occult blood test		Copayment	880 yen	
⊚About the test kit	will be sent instructions •For those	(a test that checks for hidden blood in a stool sample.) e who received the screening and tested negative in the last fiscal year, the test kit by postal mail. (For those who had an abnormal test result, please follow the provided by the medical facility where you received follow-up tests.) e who did not receive this screening in the last fiscal year, please receive the test medical facility that you have an appointment with. (The kit will not be provided	Package deal* 550 yen (Actual cost=3,000 yen) *Package deal is applied when the colorectal screening is booked with either metabolic syndrome screening or medical checkup for seniors.		
Breast Cancer Screening	Eligible persons Details	Residents aged 40 years or older (born on or before March 31, 1986) (Every 2 years) Interview, breast x-ray (mammography) *Visual palpation have been excluded since the FY2024 screening.	Copayment	2,200 yen	
Cervical Cancer Screening	Eligible persons Details	Female residents aged 20 years or older (born on or before March 31, 2006) Interview, visual inspection, pap smear, pelvic/uterine exam *Recent research recommends the screening tests every 2 years.	Copayment 1,100 yen (Actual cost≈8,000 yen)		

Booking period	Monday, May 12, 2025 - Friday, January 30, 2026 *The same day appointment is not available. *Please be aware that appointment availability is limited and booking may close early for some facilities.
Screening period	Sunday, June 1, 2025 - Saturday, January 31, 2026
Venues	Please refer to the back page for a list of medical facilities that offer screenings under the city's program.

How to get screened (Contact a designated facility directly to book an appointment.)

1. Schedule your appointment

Contact one of the facilities (listed on the back page) to schedule your appointment.

If you are exempt from FY2024 resident tax,

>>Apply to the city before booking an appointment

A coupon voucher will be mailed if you are eligible.

2. Attend your appointment

Present your health insurance card (or Certificate of Eligibility), get screened and pay your copayment.

If you received a free coupon voucher…
>>Present the voucher at your appointment.

3. Get result

Gastric/lung/colorectal/breast cancer

Reviewed by a doctor.

Cervical Cancer

The result is typically sent by postal mail but it may be reviewed by a doctor in some

One in two people develop cancer in their lifetime. One in three deaths are caused by cancer.

Hachioji city's cancer screenings are available for applicable registered residents who have not got screened at their own or spousal workplace, at school or with any other opportunities including comprehensive physical examinations (ningen-dokku).

Take charge and get screened for yourself and for the ones you love.

Physical Exam Voucher



Especially for those who are enrolled with the national health insurance, the medical care system for seniors aged 75 and over as well as public assistance recipients, a physical exam voucher are mailed out in late May.

Other Screenings and Physical Exam Provided by the City

Hepatitis	Eligible persons	Those who never get screened for hepatitis	Copayment	Free
Screening	Details	Hepatitis B and C screening test	Сораутст	(Actual cost≈¥8,000 ye
Physical Exam for 18 - 39 Year Olds	Eligible persons	Residents aged 18 to 39 years (born between April 1, 1986 and March 31, 2008) National health insurance policy holders Dependents of any other health insurance policy holders Public assistance recipients	Copayment	2,200 ye
	Details	Interview, blood pressure test, urinalysis, blood test, etc.		(Actual cost≈¥10,00

OA coupon will be mailed to all eligible residents for the following screening.

Dental and	Eligible	Residents aged 20, 30, 40, 50, 60 and 70 years		500 yen	
Periodontal	persons	*The eligibility is based on the individual's age as of March 31, 2026.	Copayment	Job yell	
Screening	Details	Interview, periodontal exam and more		(Actual cost≈¥5,500)	
Dental	Eligible	Residents aged 76 and 80 years		500 yen	
Checkup for	persons	*The eligibility is based on the individual's age as of March 31, 2026.	Copayment	500 yen	
Seniors	Details	Interview, oral function exam and more		(Actual cost≈¥5,500)	

●Coupons mailed out in Late May ●A list of Venues is enclosed with the coupon.

For Hepatitis Screening, Physical Exam for 18 - 39 Year Olds, Dental and Periodontal Screening, Dental Checkup for Seniors

Screening period

Sunday, June 1, 2025 - Saturday, January 31, 2026

How to get screened

Apply to the city (*)

Apply by postcard or envelope (one for each person) or online with the name of screening, your address, name, gender, date of birth and phone number.

Book an appointment

Please refer to the list of designated medical facilities enclosed with the screening notice and contact one directly to make an appointment.

Go to your appointment

Present your coupon, get screened and pay your copayment.

If you receive a voucher…
>>Present the voucher at

your appointment.

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Result

Reviewed by a doctor.

(*)Application is required for Hepatitis Screening and the Physical Exam for 18 - 39 Year Olds.

(*) For Dental and Periodontal Screening and Dental Checkup for Seniors, a coupon will be mailed to all eligible residents: no application is needed.

FY 2025

Hachioji City Gastric Cancer Endoscopic Screening

Eligible persons

Residents aged 50 years and older (born on or before March 31, 1976)

(Every 2 years)



Please read the following thoroughly before your appointment.

- Anyone with following conditions should not receive the screening.
- Persons who have undergone a total gastrectomy
- ◆ Persons who are currently being treated or under follow-up care for gastric diseases
- Persons who are or might be pregnant
- Persons who are unable to tolerate the endoscopic procedures
- ◆ Persons who are suffering from respiratory failure, heart disease and high blood pressure ◆ A biopsy may be performed on a suspected tumor by
- Persons who are judged to be unable to tolerate the testing
 (The physician may decline the testing due to the physical and mental conditions of the patient.)
- Persons with obvious or suspected bleeding tendency (those taking antithrombotic drugs)
- *For safety reasons, the above persons should not receive the screening; however, there may be some exceptional cases depending on the drug they are taking and facility's equipment. Please contact the facility which you wish to make your appointment with for detail.

- ◆Sedation will not be given for safety reasons.
- ♦All patients are asked to sign the consent form.
- Please receive the screening after being fully informed about the procedure.
 - A biopsy may be ordered
- A biopsy may be performed on a suspected tumor by collecting its cells to check for cancer.
- ◆ The biopsy fee will be charged separately using your health insurance. (The consultation fee will apply to the following visit for the result reviewing.) Please have your health insurance card (or Certificate of Eligibility) when going to your appointment. (If you are a public assistance recipient, inform the medical facility when making an appointment. Please be aware that available facilities are limited.)

All precautions relating to the testing should be discussed at the time of appointment booking.

Testing may be declined

Endoscopy involves passing an endoscope through the throat or nostril, which places a certain burden on the body.

Please note that the doctor may, at his/her own discretion, decline the testing due to the physical conditions of the patient.

The City's Cancer Screening Program



Pros and Cons

The five government-recommended cancer screenings have the following advantages and disadvantages. The benefits of preventing cancer deaths have been proven to outweigh these low-probability disadvantages.

Pros

- ◆Reduced mortality rate by early detection and early treatment of cancer
- ◆Treatment with minimal physical stress is more likely to be achieved with early detection.

Cons

- ◆A latent cancer may remain undetected.
- ◆False-positive results can lead to unnecessary testing and treatment.
- ◆Accidents associated with testing
- ◆Anxiety before finding out the results

Result

Be sure to undergo further testing when your result shows they are required. Even when your result says no further testing necessary, do consult with a physician if you have symptoms or concerns.

Get screened regularly

Everyone should undergo screenings on a regular basis.

Persons with symptoms

This program is meant for persons without ongoing symptoms.

If you are experiencing symptoms, have some concerns or are undergoing treatments or follow-up cares for an applicable cancer, please seek treatment with using your health insurance.

Data

Your screening history and results will be recorded and analyzed for the improvement of the program. Results of your further testing will be shared with the city.

The screenings are recommended for...

The national government recommends cancer screenings for everyone who is **69 years old or younger**. The city has developed the second phase of the Cancer Control Promotion Plan (FY2024-2029) with the basic principle of "preventing premature deaths from cancer".

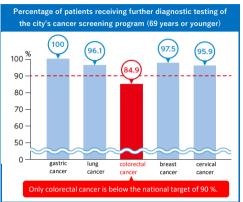
Details >



Be sure to undergo further testing

if the screening result indicates the need.

If your cancer screening result indicates the need for further testing, it means that **the likelihood of cancer cannot be ruled out**. Further evaluation is required to determine the presence or absence of disease.



Be sure to get further testing to best ensure your health.

Further diagnostic testing for colorectal cancer is done with **colonoscopy**.



The fecal occult blood test should not serve as a diagnostic examination

✓ Because lesions do not always bleed, fecal occult blood tests can lead to the oversight of cancer.

Do not assume bleeding to be non-emergent, such as hemorrhoids or menstruation

- √ Early stage colorectal cancer may not cause any subjective symptoms.
- Source of bleeding may not be one and mixed with bleeding from the lesion.

The following persons are eligible for a free screening voucher

- 1. Public assistance recipients >> No application necessary (Please contact the city before making an appointment if you are new
- 2. Persons exempt from FY2024 resident tax.

>>An application must be filed before getting screened. (Please note that paid fees are not refundable.)

(A free screening voucher that can be used for all eligible screenings will be mailed to you upon request.)

Please confirm the following before filling an application for the voucher.

- ♦ Are all members of your household officially registered in Hachioji city as of January 1, 2024?
- >>If you moved to Hachioji from another city after January 1, 2024, Tax Exemption Certificates for FY2024 of all 18+ year old household members issued by the previous municipality should be attached to your application.
- ◆Are all members of your household exempt from residence tax?
- >>Please be aware that if any of your household member is not exempt or hasn't filed income, the whole members will not be eligible for the voucher.

Three Application Methods

1. Postal mail

- ◆Complete the below application form and glue it to a postcard or place it in an envelope and mail it to the city office.
- ◆An application is required for each eligible person.

2. Visit the City Office

- ◆Visit the Adult Health Section (1F, counter 14) of the city office.
- ◆Please present your legal ID (health insurance card (or Certificate of Eligibility) driver's license, etc.) at the counter.

3. Online

Hachioji city's website.

https://www.city.hachioji.tokyo.jp/

You can apply online from the Electronic Application Service page linked below the Online Services box on the home page.

Category search: "保健衛生・医療" Keyword search: "がん"

Application form

Screening Voucher Application for Tax Exempt Households I agree to information disclosure of the resident tax records of my household for the qualification. Address Kana Gender Name M/F Date of / / (yyyy/mm/dd) Birth (years old) Phone

Mailing address:

〒192-8501 八王子市元本郷町 3-24-1 八王子市 健康医療部 成人保健課 行





The online application is available by scanning the matrix barcode below.





FY2025 Hachioji City

Designated medical institutions

for municipal medical checkups and cancer screenings

Town	Facility Name	Phone 特胃肺大乳子肝
	Central Are	ea
Yokoyama-cho	Hachioji ART Clinic	649-5130 — — — — —
	Oi Naika Clinic	649-3195 • • •
	Hachioji Yuai Ganka	622-8188 — — — — — —
Yoka-machi	Fukuhara Naika Clinic	623-3238 • - • • •
	Nishijima Sanfujinka lin	661-6642 — — — — — •
	Yamataka Clinic	669-8288 • • • •
	Sakai Naika lin	661-2539 • - • • •
	Nakanoma Clinic Hinyokika	669-7733 • • •
	Nishihachioji Matsumura Clinic	667-2121 • • •
	Okuma Naika Clinic	667-3488 • - • • •
	Yoshii Naika Shokakika lin	666-7661 • - • • •
	Kurata lin	661-7915 • • •
	Shinya Naika	673-3033 • • •
Hivoshi-cho	Sakamoto Clinic	622-2601 • - • • •
	Wakabayashi Naika Clinic	622-0550 • - • • •
	Fukumaru Geka lin	622-4061
rinidana ana	Akagami Shokaki Naika lin	622-0403 • - • • •
Hon-cho	Shiina Naika	628-4170 • - • • •
TIOTI CITO	Hagino lin	622-2206
	Migita Clinic	0120-222-621
Shin-cho	Hachioji Clinic Shincho	643-1321
	Tanaka Naika lin	645-6144 • - • • •
wy cynn chic	NS Clinic	648-5880 : - • • • •
	Keio Hachioji Yamakawa Clinic	660-7887 • - • • •
	Yamada Women's Clinic	648-0870
	Ito Naika Clinic	644-2770 • - • • •
	Yamazaki Naika Tonyobyo Clinic	
	Keio Hachioji Ekimae Shinryojo	645-8228 • • •
	Keio Hachioji Clinic	645-7878 • - • • •
	Jinwakai Sogo Byoin	644-3721 • • • • • •
	Hachioji Kenkokanri Center	648-1621 : • • • • • •
Koyasu-machi	Izumi Clinic	649-4032 • - • • •
	Akiyama Naika lin	643-0212 • - • • •
	Suzuki Shinryojo	642-3923 • - • • •
	Oshima lin	642-1932 • - • • •
	Seichikai Kinen Byoin	624-5111 • • • • - • •
	Kitahara Life Support Clinic	655-6665 • • • • • - •
	Oshima Naika lin	620-7755
Azuma-cho	Fujimori Naika Hachioji Riumachi Kogenbyo Clinic	649-2722
	Hachioji Kyoritsu Shinryojo	639-7621 • - • • •
	Hachioji Azumacho Clinic	646-6996 • - • • •
Asahi-cho	Hachioji Naika Shokakinaika Clinic	649-3577 • - • • •
	Magota Clinic	627-1175 • - • • •
	Sora Ladies Clinic	649-8305 —————
	Aoki Naika lin	642-0045 • •
	Onaka Clinic	644-1127 • • •
	Yokozeki lin	642-5454
	Hachioji Nyusen Clinic	655-5355
	Ichikawa Naika Clinic	620-2272 • - • • •
Yorozu-cho		622-4769 • - • • •
	Okabe Clinic	622-3439 • - • • •
	Hachioji Junkanki Clinic	620-3580 • - • • •
	Hachioji Shokaki Byoin	626-5111 • • - • - •
Minami Shin-cho	Hikida Ladies Clinic	626-7711
	Mamiya Byoin	625-0648 • - • • •
	Ando Geka Naika Clinic	622-4561 • - • • •
Dai-machi	Fujimori Naika Clinic	621-0300 • • • •

: Health checkup (metabolic syndrome/seniors/general/18-39 year old	s) F: Comprehensive checkup (Ningen-dokku) discount			
: Gastric Cancer Endoscopic Screening * For the route of endoscopy (transnasal and transoral), please inquire the individual facilities.				
•: Lung Cancer Screening	子●: Cervical Cancer Screening			
: Colorectal Cancer Screening	肝: Hepatitis Screening			
At Proper Conser Covening (Mammagraphy)				

乳●: Breast (Cancer Screening (Mammograp	hy)				
_						
Town		Phone 特	胃肺大乳子肝	Town	Facility Name	Phone #
Dai machi	Central Are Hara Naika lin	ea 625-7133 ● •		Sanda machi	Yokoyama A Kanaya Naika Clinic	rea 673-2731 •
Dai-macm	Kakei lin	622-4093		Sanda-macm	Ishii Junkankinaika Clinic	
	Nagahama Naika lin	667-8651		Majiradai	Nakamura lin	661-5191
				Mejirouai	Mejirodai Nishizawa Clinic	
A I + I	Okuma Seikeigeka Clinic Akatsuki Clinic				-	
Akatsuki-cno		686-3486		N I I .	Mejirodai Naika lin	663-0688
	Migita Byoin	622-5155		Nagabusa-machi	Watanabe lin Bunin	673-2110
N. 1	Toshihisa Naika Clinic				Watanabe lin	663-3263
Nakanosanno	Tajima Seikeigeka Clinic				Nagafusa Kyoritsu Shinryojo	
	Hachioji Sanno Byoin	626-1144			Kondo Naika lin	661-6035
	Nakanodanchi Shinryojo				Tate Area	
Nakanokami-cho	Harada Clinic	0LL 3L31 •		Kunugida-machi	Tanaka lin	665-0221
	Asami Naika Clinic	625-6661			Kunugida Clinic	669-3561
Owada-machi	Kitahara Kokusai Byoin				Eisei Clinic	661-7780
	Oyama Seikeigeka Shinryojo				lwaki lin	663-2049
	Kitahara RD Clinic	656-2221		Tate-machi	Tategaoka Clinic	662-9999
	Ito Naika Shokaki lin	642-6734			Hachioji Keiai lin	661-7821 -
	Matsuhashi Naika Junkanki Clinic				Clinic Zero	666-1556
	Komatsu Seikeigeka	642-4017	$ \bullet$ \bullet $ \bullet$	Ofune-machi	Minamino Green Gables Clinic	663-1101 -
	Yoshida lin	642-1547			Motohachioji	Area
	Asakawa Ar	ea		Dairakuji-machi	Kaji lin	651-5341
Higashi Asakawa-	Kanai Naika lin	663-1677	- • • •		Fukuda lin	626-4664
machi	Sawada Naika Clinic	669-5606			Takayama Geka Ganka lin	625-0148
	Hazama Nakayama Clinic		- • • •	Kamiichibukata-machi		651-5332
Hatsuzawa-machi	Ueno Seikei Geka	669-0316 —		Suwa-machi	Nakamura Naika lin	686-2045
	Morihara Shinryojo	001 0100			Hachisei Kenyu Clinic	622-3662
Takao-machi	Shiratori Naika lin	662-3220			Kusaka Clinic	626-0550
rando maom	Washio Seikei Geka	667-3741			Shibata Sanfujinka lin	
Uratakao-machi	Komagino Byoin	663-2222			Yokokawa Naika Clinic	
Gratakao maom	Yugi Area				Fureai Tsutsujigaoka Shinryojo	
Shimo Vugi	Okajima lin	676-8026			Yamayuri Clinic	686-1311
Jillilo Tugi	Yaentoge Noshinkeigeka Byoin			Motohachioji-machi	Clinic Tajima	666-6080
Kami Vugi	Nibangai Medical Clinic			Wiotonachioji-machi	Shiroyama Byoin	665-2611
	Onuki Naika Clinic	678-2771			Ongata Are	
Hormouch				Shimo Ongata-machi		
	Himeno Clinic	675-9995			Kawasaki Clinic	650-6655
	Ogawa Clinic	670-3391		Nishiterakata-machi	Ongata Byoin	651-3411
Higash: No.	Yugi East Ar				Nishiterakata lin	650-5055
	Higashinakano Shinryojo				Ogata Clinic	651-3714
Otsuka	Sasaki lin	676-6655		IV.	Kawaguchi A	
Kashima	Kashima Clinic	676-0776		Kawaguchi-machi	Hachioji Hokubu Byoin	
N A . 1	Saito lin	676-1963			Seiyoen Shinryojo	654-5332
Matsugaya	Mizutani lin	010 0000			Yoshioka Naika Clinic	659-7878
	Minamiosawa			Kamikawa-machi	Doyukai Hachioji Shinryojo	
Yarimizu	Gotenyama Clinic	677-1500			Nishihachioji Byoin	654-4551
	Nakahama Clinic	676-1234			Katsuta lin	625-2727
Minamiosawa	Minamiosawa Medical Plaza			Miyama-cho	Hirakawa Byoin	651-3131
	Togo Clinic	670-7727			Kasumi Are	
	Minamiosawa Fujinka Hifuka Clinic	674-0855 —		Sanyu-machi	Yamashita Naika Clinic	691-1737
	Yoshioka Naika Clinic	676-1211	- • • •	Mitsuidai	Toba Clinic	691-1044
	Minamiosawa Clinic	674-7766	● ● − − ●	เพาเรนเนสโ	Yoshioka lin	691-3419 -
Matsugi	Kumazawa Naika Clinic	670-3331		Miyashita-machi	Sanai Clinic	691-4111
	Kamegai Shinryojo	689-5959			Sobu Byoin	691-7788
Bessho	Hattori Clinic	675-0032	- • • •		Takatsuki Seikeigeka Byoin	
	Bessho Medical Clinic				Yui Area	
	Naika Junkankinaika Clinic Takata			Kobiki-machi	Tenjin Naika Geka Clinic	632-8751
	Yokoyama A				Yoshizawa Hifuka Naika Clinic	
Sanda-machi	Minamitama Byoin	663-0519			Iwata lin	635-1482
	Ishizuka Naika Clinic	668-0841			Sugiyama lin	635-0707
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You may be able to receive multiple screenings in one appointment at certain facilities that offer two or more screenings.

This is a list of designated medical facilities for the FY2025 program and is subject to change. Please contact a facility directly to confirm availability and schedule your appointment.

Town	Facility Name	Phone	特胃肺大乳子肝
	Yui Area		
Katakura-machi	Yoshizawa Hifuka Naika Clinic	697-9923	
	lwata lin	635-1482	
	Sugiyama lin	635-0707	
	Miyatake lin	636-8317	
Nishi Katakura	Minamino Ladies Clinic	632-8044	
	Minamino Geka Seikeigeka	632-5855	<u> </u>
	Fujimori Naika Minamino Clinic	635-6711	<u> </u>
Minamino	Furuya lin	632-6866	
	Toyama Naika Junkanki Clinic	632-8033	
	Minamino City Clinic	632-5500	
Hyoe	Minamino Junkanki Byoin	637-8101	• • • • • • • • • • • • • • • • • • •
Nanakuni	Kato lin	632-7950	
	Kobayashi Naika Clinic	686-0067	' _F - • • •
	Kitano Are		
Kitano-machi	Kitano Shonika	645-8715	
	Murayama Geka Clinic		
	Miyazawa Naika Clinic	656-2855	5 • - • • •
	Kitano Naika Clinic	643-1555	5 • - • • •
Jchikoshi-machi	Nakamura Clinic	648-8848	3 • • •
	Hayashi Sanfujinka	636-8719)
	Sawatari Junkanki Clinic	632-0255	5 · - • • •
	Iwamoto Noshinkei Clinic	632-5585	5 • - • • •
	Kitanoekimae Yoshida Naika Naishikyo Clinic	683-3881	. • • • •
Kitanodai	Kitanodai Naika Clinic	683-3236	<u> </u>
	Icho-no-mori Naika Naishikyo Clinic	635-1150) • • — • — — •
Naganuma-machi	Yamanishi Clinic	631-3959) • - • • •
Kinugaoka	Kinugaoka Seikeigeka Naika Shinryojo	637-0077	′ • − • • − − •
	Ishikawa Ar	ea	
Γakakura-machi	Iwasa Ladies Clinic	649-3461	
	Ota lin	642-6938	3 • - • • •
Utsuki-machi	Okada Naika Pain Clinic	696-6441	0-000
Komiya-machi	Komiya Medical Clinic	639-0666	
Kuboyama-cho	Tajima lin	691-7550	0 0 0 0 0
	Utsukidai Clinic	691-4880	0
		Δ	s of March 1, 2025

Please Note the following.

Gastric Cancer Endoscopic Screening: Public assistance recipients must make an appointment with designated medical facilities. Please note that the Hachioji Clinic Shincho, Hachioji Kenko Kanri Center, Onaka Clinic, Shiratori Naika are not a designated facility under the public assistance program.

Lung Cancer Screening: Those who have already received a chest x-ray under another program and those who are or might be pregnant should not receive this

Breast Cancer Screening: Premenopausal women may benefit by undergoing screening 7-10 days after period. Mammogram is a dedicated radiographic technique for imaging the breast. Those who are or might be pregnant, are breastfeeding or have breast implants should not receive this screening. If you have an implanted device such as pacemaker, VP shunt or venous access port, please consult with the

Cervical Cancer Screening: Avoid washing or douching the inner parts of the vulva the day before the test. Sexual intercourse should also be avoided for 24 hours before the test. If you are having your period on the day of the test, please call to reschedule. Women who have had a total hysterectomy (removal of the uterus) are not eligible for this screening.

^{*}Your appointment may be declined at the discretion of the doctor.