**Dear Senior Citizens**

The City of Hachioji and the Social Welfare Council Hachioji provide various consultation services for everyone who lives in the city to feel safe and welcome.

Please feel free to contact each consultation service window for your concerns.

**<For a safe living environment >**

■Social Workers and Child Social Workers

They play important roles as a “person who can talk to”, “person who watch over local residents” and “person who can link people to applicable resources” for local senior citizens and child rearing families. Please do not hesitate to contact your regional social worker/child social worker. If you are unable to reach your regional social worker/child social worker, please contact the Welfare Policy Section.

《Inquiries》

Hachioji City Office Welfare Policy Section

Phone 042-620-7241

■The Senior Consultation Centers (Community Support Centers)

The centers help senior citizens, principally who are 65 years and over, to create, improve and maintain their safe living environment through consultation, support and information services. The consultation service is specialized in topics of nursing care, health, medical care and welfare and a consultant will work with each client to find the right solution for each case with protecting client’s confidentiality. Please feel free to call us.

Hours Mon-Sat 9:00-17:30

(Closed on public holidays and New-year holidays)

(The Takao center is closed on the second Monday of the month and opens on the Sunday before the second Monday)

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| Center Name | | Address | | Phone | |
| Asahi-cho | | The Hiruma Building, 8-10 Asahi-cho, 3rd floor | | **042-648-8331** | |
| Takao | | The Higashi Asakawa Health and Welfare Center, 551-1 Higashi Asakawa-Machi, 2nd floor | | **042-668-2288** | |
| Sanyu | | 372-4 Sanyu-machi | | **042-692-3211** | |
| Nakano | | The Bonnard HONDA, 4-27-4 Nakanokami-cho, 1st floor | | **042-620-0860** | |
| Minamiosawa | | 2-17-5 Minamiosawa | | **042-678-1880** | |
| Mejiro | | 2-55-5 Mejirodai | | **042-669-3070** | |
| Naganuma | | The 2nd Toei-Naganuma Apartment #16, 1302-1 Naganuma-machi, 1st floor | | **042-648-4340** | |
| Kawaguchi | | The Kawaguchi Branch Office, 908-1 Kawaguchi-machi | | **042-654-5475** | |
| Motohachioji | | 71-4 Kamiichibukata-machi | | **042-652-1134** | |
| Katakura | | 440-2 Katakura-machi | | **042-632-6331** | |
| Horinouchi | | 1206 Horinouchi | | **042-679-1114** | |
| Nagafusa | | The West Toei-Nagafusa Apartment #22,  588 Nagabusa-machi, 1st floor | | **042-629-2530** | |
| Koyasu | The Nishimura Building, 4-10-9 Koyasu-machi, 4th floor | | **042-649-6020** | |
| Motohachi-Minami | The Miyazaki Building, 2-1964-2 Motohochioji-machi, #101 | | **042-673-6241** | |
| Terada | 137-1 Terada-machi | | **042-673-6425** | |
| Oyoko | The Oyoko Health and Welfare Center, 11-35 Oyoko-cho, 4th floor | | **042-634-8666** | |
| Ongata | The Ongata Branch Office, 3395 Shimo Ongata-machi | | **042-659-0314** | |

■Welfare Phone

This service is to install the “Anshin-denwa (safety phone)” phone, which has a one-push dial button to call a registered relative in case of an emergency, for households composed by 65+ year olds who don’t have much opportunities to talk to their family and go out.

Fees: Free

■Emergency Reporting System for Senior Citizens

This service is available for senior citizens who are 65 years and over, live alone or alone with other 65+ seniors, suffer from chronic diseases, such as heart disease, that require extensive attention. Special equipment that allows users to call the metropolitan fire board with one-push dial button for an ambulance will be installed at home in case of an emergency. The service includes once a month telephone consultation and the 24/7 healthcare consultation.

Fees: Users are reliable to pay 10% of the charge (plus tax).

\*\420 (plus tax)/ a month for FY2018

《Inquiries》

Hachioji City Office Senior Citizen Welfare Section

Phone 042-620-7420

《Inquiries/Applications》

Senior Consultation Centers

Phone numbers are listed on the table in the page 1-2.

■Senior Volunteer Service

Volunteer workers who are under the senior citizen volunteer point program will visit senior citizens’ home to simply have a casual conversation or to accompany to a senior salon or other places nearby.

《Inquiries/Applications》

Hachioji City Office Senior Citizen Activities Promotion Section

Phone 042-620-7243

Social Welfare Council Hachioji Citizen Participation Promotion Section

Phone 042-648-5776

**<Daily Life Support>**

■(“WITH” Service) Paid Chore Service

This paid chore service is designed to help principally senior citizens who are 65 years and over in need of assistance by offering household support including cooking and cleaning with the cooperation of the local registered supporters.

Fees: \800 and up/ an hour (Additional monthly fee <\1,000> applies.)

《Inquiries》

Social Welfare Council Hachioji Mutual Assistance Promotion Section

WITH Service Subsection

Phone 042-649-5010

■Silver Supporter Service

This service provides chore service (cleaning, laundry, etc.) and light work service (end of the year cleaning, etc.) for 65+ year old households. This service is not available for persons who are qualified for Long-term Care (yo-kaigo/yo-shien) and other equivalent services including Sogo-Jigyo (Preventive Care and Daily Life Support System).

Fees: Users are liable to pay 30% of the charge.

\*\495 yen and up/ an hour for FY2018

《Inquiries/ Applications》

Silver Human Resources Center

Phone 042-626-1274

《Inquiries》

Hachioji City Office Senior Citizen Welfare Section

Phone 042-620-7420

■Wheelchair Rental Service

The Social Welfare Council rents out wheelchairs without a charge for three months for persons who depend on a wheelchair living at home. (The term is renewable.)

Rental venue: Volunteer Center, Volunteer Center Minamiosawa Branch, Asakawa Regional Social Welfare Council, Nagafusa Fureai Center, Community Centers, Regional Welfare Promotion Office Ishikawa, Regional Welfare Promotion Office Kawaguchi

《Inquiries》

Social Welfare Council Hachioji Citizen Participation Promotion Section

Phone 042-648-5776

■Adult Guardianship/ Safety Support Center Hachioji

The Social Welfare Council Hachioji handles general inquiries related to the adult guardianship system for persons who have lost their ability to make proper judgement and decisions on their own due to dementia or other reasons. Free professional consultation services with a layer and an administrative scrivener are available for those who seek legal advice. Guidance services for various welfare related applications and household account management services are also available for a fee.

《Inquiries》

Social Welfare Council Hachioji Phone　042-620-7365

Adult Guardianship/ Safety Support Center Hachioji

■Mobile Barber/Hairdresser

The mobile barber/hairdresser service visiting you in your own home is available for persons who are 65 years and over and nursing care level 4 or 5; or who are 65 years and over, nursing care level 3 and disabled seniors’ daily life independence level B2 or up.

Fees: \500/ a time \*The service is limited to a certain number of times.

《Inquiries/Applications》

Hachioji City Office Senior Citizen Welfare Section

Phone 042-620-7420

Senior Consultation Centers

Phone numbers are listed on the table in the page 1-2.

**<Exchanges and Fun Activities with Other Locals>**

■Fureai Iki-iki Salon/General Preventive Care Salon

A community hub where local senior citizens gather for interaction, preventive care workshops and other fun activities is held by the locals for the locals.

《Inquiries》

Social Welfare Council Hachioji Mutual Assistance Promotion Section

Phone 042-649-8477

Hachioji City Office Senior Citizen Activities Promotion Section

Phone 042-620-7243

■Lunch Party Program

The annual local lunch party program is designed for senior citizens who are 70 years and over living alone to get to know each other over lunch and casual conversations.

Fees: \500

(This program is held annually in October. The social worker/child social worker of your region will let you know the details around July-September.）

《Inquiries》

Social Workers/Child Social Workers

Social Welfare Council Hachioji Citizen Participation Promotion Section　　　　　　　　　　　　　　　 　　　　　　　　　Phone 042-648-5776

■Senior Citizen Volunteer Point Program

This point earning program is designed for senior citizens who are 65 years and over (and not qualified as *yo-shien* “person requiring support”, *yo-kaigo* “person requiring nursing care, or for *sogo-jigyo* “Preventive Care and Daily Life Support System”) to age healthy and stay active by being involved in volunteering activities. Those points earned through volunteering activities can be redeemed for the maximum of 6,000 yen shopping voucher, 5,000 yen in cash or other prizes. Please feel free to contact us if you are interested in joining the program.

《Inquiries/Applications》

Hachioji City Office Senior Citizen Activities Promotion Section

Phone 042-620-7243

Social Welfare Council Hachioji Citizen Participation Promotion Section

Phone 042-648-5776

■Senior Club

These clubs are formed voluntarily by local 60+ citizens aiming to achieve richer and healthier post-retirement lives through actively being involved in community service, health care enlightenment, preventive care activities, and other activities that help discover the purpose of life. Please contact with your regional senior club to join.

《Inquiries》

Hachioji City Office Senior Citizen Activities Promotion Section

Phone 042-620-7243

Senior Club Association Hachioji

Phone 042-649-8228 Open Mon-Fri

■Fureai Public Bath Day

Public Baths in the city welcome persons who are 65 years and over for free on the Respect-for-the-Aged Day and the 26th (can be read as *furo* “bath” in Japanese) of the month.

《Inquiries》

Hachioji City Office Welfare Policy Section

Phone 042-620-7240

《Published by》Social Welfare Council Hachioji April 1, 2019