

Recommended
TOKYO WESTSIDE MODEL COURSE

01 - area - OTSUKI / TSURU (2days)
This itinerary allows you to enjoy diverse experiences, ranging from world-leading technology to activities in nature. If the weather is kind, you can enjoy a magnificent view of Mt. Fuji, which also makes this area appealing.

DAY 1
Shinjuku Station → JR Chuo Line (60min) → Otsuki Station → Bus (15min) → Yamanashi Prefectural Maglev Exhibition Center → Walking (20min) → Kasei Station → Fujikyuko Line (15min) → Higashi Katsura Station → Walking (20min) → Taro·Jiro Waterfall → Walking → Higashi Katsura Station → Fujikyuko Line (10min) → Tsurushi Station → Walking (1min) → Yorimichinoyu, a hot-spring facility with accommodations → Strolling through Tsuru City after check-in

DAY 2
Yorimichinoyu, a hot-spring facility with accommodations → Walking (1min) → Tsurushi Station → Fujikyuko Line (15min) → Otsuki Station → Walking (60min) → Mt. Iwadono and Maruyama Park → Walking (60min) → Yoshidaya → Walking (10min) → Otsuki Station → Bus (12min) → Saruhashi Bridge and Raft Tour* → Walking or Bus (20min / 4min) → Saruhashi Station → JR Chuo Line (80min) → Shinjuku Station

*Raft tour is available only in April, October, and November, in principle. Reservations required.

02 - area - SAGAMIHARA (1day)
Sagamihara area permits you to revel in history, nature, and art, all in one day. Fujino Art Trail is a hiking trail, which can be completed in approximately three hours from the station. Walkable shoes are recommended for this trail.

Shinjuku Station → JR Chuo Line (50min) → Sagamiko Station → Walking or Bus (20min / 3min) → Obarajuku Honjin → Walking (25min) → Lake Sagami (excursion ship) → Walking (10min) → Sagamiko Station → JR Chuo Line (3min) → Fujino Station → Walking 180min round → Fujino Art Trail → Fujino Station → JR Chuo Line (60min) → Shinjuku Station

03 - area - HACHIOJI (1day)
Mt. Takao, which was recognized as a three-star tourist attraction by Michelin, has long been known as a mountain for ascetic training. It is also famous for the wide variety of plant species growing there. There is a cable car service to the middle of this mountain.

Shinjuku Station → Keio Line (50min) → Takaosanguchi Station → Walking (65min) → Head Temple Takao-san Yakuouin (Shojin-ryori, the Buddhist vegetarian dishes*) → Walking (25min) → Top of Mt. Takao → Walking (40min) → Takaosan Station → Cable car or Lift (6min) → Sanjo Station → 12min → Shinjuku Station

Shinjuku Station → Cable car or Lift (5min) → Kiyotaki Station → Walking → Takaosanguchi Station → Keio Line (transfer at Takao station) / JR Chuo Line (15min) → Hachioji Station → Walking (3min) → Ryujinmaru Ichiba → Walking (3min) → Hachioji Station → JR Chuo Line (40min) → Shinjuku Station

*Reservations are required for Shojin-ryori, in principle.

04 - area - AKIRUNO (1day)
Enjoy the stunning beauty of the valley, which makes you doubt that you are in Tokyo, and then relax in a hot spring that will smooth your skin. Feast on char-grilled local seasonal ingredients for lunch at an old folk house restaurant.

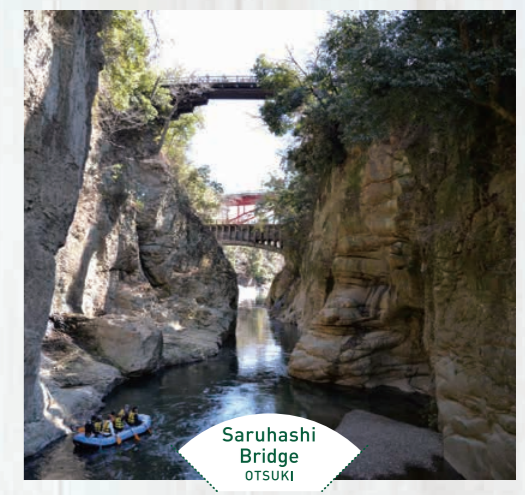
Shinjuku Station → JR Chuo Line / Ome Line / Itsukaichi Line (60min) → Musashi-Itsukaichi Station → Bus (5min) → Kurochaya (Iwase Gorge) → Bus (5min) → Akigawa Valley (Ishibune-bashi Bridge) → Walking (5min) → Akigawa Keikoku Seoto-no-Yu Spa → Bus (15min) → Musashi-Itsukaichi Station → JR Chuo Line / Ome Line / Itsukaichi Line (60min) → Shinjuku Station



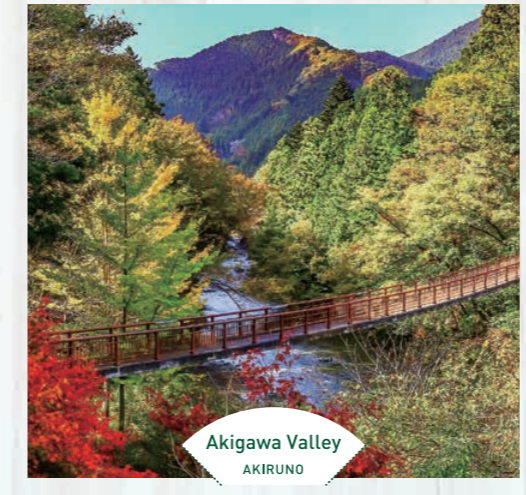
Easy-to-reach destinations with a rich natural environment and history



Taro·Jiro Waterfall
TSURU



Saruhashi Bridge
OTSUKI



Akigawa Valley
AKIRUNO



Obarajuku honjin
SAGAMIHARA



Mt. Takao
HACHIOJI



*The required times shown are approximate. It may take longer or shorter than the above depending on the train you take, time of day, and your walking speed. Please note that the above shows the shortest possible time, in principle. ©Tokyo & Around Tokyo All Rights Reserved. January, 2019 Printed in Japan



Five areas for enjoying some best parts of Japan, with convenient access from Tokyo!

Hachioji City, Akiruno City, Sagamihara City, Otsuki City, and Tsuru City, located to the west of central Tokyo, have a lot to offer the tourist, including rich nature, history, culture, must-see sights, and delicious food. These cities are readily accessible from Tokyo, allowing you to enjoy some best parts of Japan easily. Create numerous memories in the five areas with a concentration of places with the unique attractive elements of Japan.

- Place to enjoy the view
- Place to enjoy a leisure activity
- Place to enjoy food

OTSUKI

Otsuki City boasts rich nature with the most beautiful view of Mt. Fuji in Japan. A roughly 1-hour trip by limited express train takes you to this city. The city has many historical and legendary sites, whose names are associated with the old tale of Momotaro. Among them are Koshu Kaido street, Iwadono Castle ruins, and Saruhashi bridge.



Find details

Mt. Iwadono and Maruyama Park



Mt. Iwadono, the symbol of Otsuki, is a place where you can enjoy the graceful view of Mt. Fuji looking as if it were wearing kimono garments with a seasonal landscape. (For example, cherry blossoms in spring and colored leaves in autumn.) There are also ruins of a mountain castle, which was built as a base for the border defenses of the old Kai Province. In the middle of the mountain, you will find Iwadonosan Fureai-no Yakata, which was built to look like a castle.

access » 60-minute walk from Otsuki Station on the JR Chuo Line to the top of the mountain
otsuki-kanko.info/category/content-page/view/188

Yoshidaya (Udon noodle restaurant)



This restaurant has continued to serve traditional hand-kneaded noodles throughout its 100-year history. The thick noodles are made by kneading flour, stretching it into a thin sheet, and cutting it long. The patiently kneaded noodles are firm and chewy, allowing you to enjoy the outstanding texture and taste. The restaurant also offers a wide variety of menu items, so that you will want to come back again and again.

access » 10-minute walk from Otsuki Station on the JR Chuo Line
otsuki-kanko.info/category/content-page/view/123

Saruhashi Bridge and Raft Tour



Saruhashi bridge, which was drawn in ukiyo-e woodblock prints, is a unique bridge with no bridge column. It was designed with inspiration from monkeys holding hands to cross the 31-meter-deep valley.

A raft tour to this bridge (limited time/ reservations required) is also available, allowing you to enjoy the view that was drawn in ukiyo-e woodblock prints while riding on the boat.
access » 20-minute walk from Saruhashi Station on the JR Chuo Line Or 12 minutes by bus from Otsuki Station (via Saruhashi Station). (Get off at Saruhashi bus stop.)
○ Information about the Saruhashi bridge in the old Kai Province
otsuki-kanko.info/category/content-page/view/31
○ Information about the raft tour
www.yamapj.com/blank-2

TSURU

Yamanashi Prefectural Maglev Exhibition Center



This is the only facility in the world where you can experience the world of the Superconducting Maglev, the next-generation high-speed railway train that floats and runs at a speed of 500 km/h. This museum allows you to see, learn, and experience the world of the Maglev train with a large number of interactive exhibits, in addition to a real Maglev test vehicle.

access » 15 minutes by bus from Otsuki Station on the JR Chuo Line. (Get off at Ken-ritsu Linear Kengaku Center bus stop.) Or, 20-minute walk from Kasei Station on the Fujikyuko Line.
www.linear-museum.pref.yamanashi.jp/english/index.html



Tokaichiba・Natsugari Yusuigun (Taro・Jiro Waterfall)



Tokaichiba・Natsugari Yusuigun is a place where you can admire fresh springs formed by water veins from Mt. Fuji. A legend surrounds the Taro・Jiro Waterfall. The story goes that thieves named Taro and Jiro, who were brothers, fell into it. It also features a spring gushing out alongside it. The falling water is a sight to see.

access » 20-minute walk from Higashikatsura Station on the Fujikyuko Line.
www.city.tsuru.yamanashi.jp/forms/info/info.aspx?info_id=5799

Yorimichinoyu, a hot-spring facility with accommodation

This hot spring facility lets you enjoy bathing to the full. You can take a day trip to the facility or stay there overnight. Its bathroom has six different bathtubs, including one of natural hot spring water taken directly from the source, as well as two types of sauna. The building with a gentle atmosphere created by wood also has a facility for ganbanyoku (stone bed spa) and a restaurant, a massaging salon, and an esthetic salon.

access » 1-minute walk from Tsurushi Station on the Fujikyuko Line
yorimichinoyu.jp/

SAGAMIHARA

Sagamihara is a government-designated city located in the northwest of Kanagawa Prefecture. With five railway lines running in the city, Sagamihara boasts convenient access, being just one hour from the center of Tokyo. At the same time, the city has mountains, lakes, and other places where one can enjoy nature.



Find details

Obarajuku Honjin



Honjin refers to an inn where feudal lords in the Edo Period stayed in their trip to and from Edo (Tokyo) for Sankin-kotai (alternate attendance). Obarajuku Honjin is the only remaining one of 26 honjin's that existed in Kanagawa Prefecture. It is a valuable building that was designated an important cultural property of Kanagawa Prefecture.

access » 20-minute walk from Sagamiko Station on the JR Chuo Line
www.e-sagamihara.com/nature/cultural-asset/0627/index.html

Lake Sagami



Lake Sagami is an artificial lake that was created by damming the Sagami River with the construction of Sagami Dam, a multi-purpose dam. Surrounded by a rich natural environment, the lake is famous as a place for fishing for Japanese smelt and other species. This area is also excellent for walking, with many Shinto shrines and Buddhist temples as well as hiking courses. A unique, swan-shaped excursion ship operates day and night, allowing you to relax and enjoy views from the lake.

access » 10-minute walk from Sagamiko Station on the JR Chuo Line
www.e-sagamihara.com/nature/nature_scenery/0601/index.html
○ Information about the excursion ship
www.kassekanko.com/

Fujino Art Trail



Fujino Art Trail is a road along which more than 30 works of outdoor environmental art, including sculptures and objects, are exhibited. It is recommended to receive information about the works via an app named Fujino ART (available in English, too). The information is provided by the city government of Sagamihara.

access » It takes three hours to complete the course starting from Fujino Station on the JR Chuo Line.
○ Brochure of Fujino Art Trail is available at the following.
www.e-sagamihara.com/nature/nature_scenery/0735/index.html
○ The application (for Android/ iPhone) is available at the following.
www.city.sagamihara.kanagawa.jp/kankou/kanko/1014492.html

HACHIOJI

Hachioji is a major city located in the west of Tokyo. It has been thriving as a transport hub since olden times, and is dotted with many historic sites. Especially famous among them is Mt. Takao, which was a recognized as a three-star tourist attraction by Michelin.



Find details

Head Temple Takao-san Yakuouin (Shojin-ryori)



Head Temple Takao-san Yakuouin is an old Buddhist temple that was established in 744. It has long been known as a place for ascetic training. This temple serves shojin-ryori, or Buddhist vegetarian dishes for mountain priests. Why not drop by to experience the history and culture of Japan?
*Reservation is required for Shojin-ryori, in principle.

access » 65-minute walk, or 35 minutes by cable car and on foot, from Takaosanguchi Station on Keio Line.
www.takaosan.or.jp/

Mt. Takao



With beautiful seasonal landscapes and various hiking courses, Mt. Takao is a famous tourist attraction, visited by many people. It is dotted with historic and cultural sites as well as restaurants and souvenir shops. It was also recognized as a three-star tourist attraction by Michelin.

access » It takes 90 minutes on foot, or 60 minutes by cable car and on foot, from Takaosanguchi Station on Keio Line to the top of Mt. Takao.
www.takao599museum.jp/explore/?lang=en

Ryujinmaru Ichiba (Japanese-style pub)



This bar offers fresh seafood, which is delivered from the owner's hometown each day. It also boasts fresh-from-the-farm vegetables from the local farms of Hachioji. Ryujinmaru Ichiba also boasts a wide variety of sake (Japanese rice wine), with around 50 different brands to choose from. Trying sake for the first time? Feel free to ask the bar staff for advice.

access » 3-minute walk from the North Exit of JR Hachioji Station.
r.gnavi.co.jp/p05y95g000/

AKIRUNO

With seasonal views of the mountains and beautiful natural landscapes of Akigawa Valley, Akiruno City makes you feel as if you were in your home town. You can enjoy relaxing in the open atmosphere with fresh air.



Find details

Kurochaya (Japanese cuisine)



The building of this restaurant is an old folk house in the Shoya Zukuri style, which was built more than 250 years ago and moved to the current location. It welcomes customers with char-grilled and traditional Japanese dishes, which use local ingredients including seasonal ingredients and stream fish. The vast, 11,570-square-meter wide premises has a Japanese garden and a waterwheel, which create an old-world flavor.

access » 5 minutes by bus from Musashi-Itsukaichi Station on the JR Itsukaichi Line. (Get off at Nishikonakano bus stop.)
www.kurochaya.com/

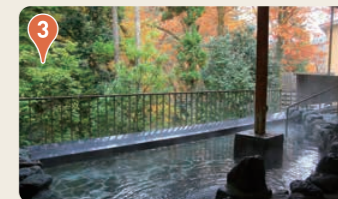
Akigawa Valley



Akigawa Valley features limpid waters, allowing you to see clearly to the bottom of the river and fish. You can also take a day trip to the area to enjoy outdoor activities, such as a barbecue or day camp. The stunning seasonal landscape from Ishibune-bashi Bridge, a 96-meter suspension bridge, is another attractive element of this area.

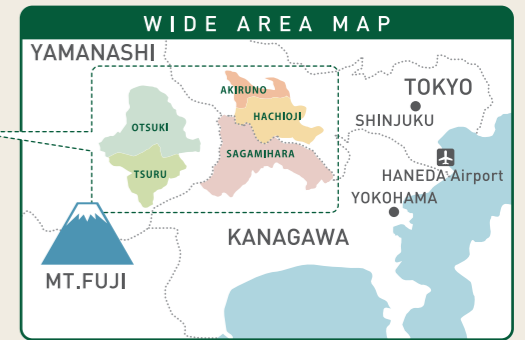
access » 10 minutes by bus from Musashi-Itsukaichi Station on the JR Itsukaichi Line. (Get off at Jurigi bus stop.)
www.akirunokanko.com/

Akigawa Keikoku Seoto-no-Yu Spa



A hot spa facility located along the Akigawa Valley in the rich natural environment of Chichibu-Tama-Kai National Park. This facility lets you enjoy the seasonal landscape while enjoying the open-air spa. It also has cottages as accommodations, where you can relax and enjoy the beautiful night sky, which makes you doubt that you are in Tokyo.

access » 15 minutes by bus from Musashi-Itsukaichi Station on the JR Itsukaichi Line. (Get off at Akigawa Keikoku Seoto-no-Yu bus stop.)
www.seotonoyu.jp/



*Each of the above times from the nearest station is approximate. Please note that more or less time may be required depending on your walking speed and the time of day.